Credit-hour Equivalents for Remote Instruction

To help you determine your seat-time equivalents in the remote instruction environment, use this table based on Creighton University's *Documenting Credit Hours for Distance Education Courses*.

SEAT-TIME ACTIVITIES & CALCULATIONS		
Synchronous Activities (offered remotely via Zoom)		
Synchronous instruction Instruction occuring in real-time where the instructor and students are present, including live lectures, Zoom breakout room discussions, whole class discussions, etc.	Assumption: direct instruction real-time minutes are equivalent to seat-time minutes	
Asynchronous Activities (offered via Canvas or other online resource)		
Instructor-created video	Assumption: video minutes are equivalent to seat-time minutes	
Discussion board assignments	 For each discussion board assignment, assumptions: Writing initial discussion post—minimum number of required words (see Formal Writing Assignments below for calculations) Reading discussion postings—number of required posts to read (estimated at 180 read words per minute) Writing responses to discussion posts—minimum number of required of words for each response (see Formal Writing Assignments below for calculations) 	
Reading instructor's feedback	For each assignment for which students will review feedback, assumption: 10 minutes allotted per graded assignment for the student to review instructor feedback	
Quizzes	For each quiz given via the LMS or other online resource, assumption: 60 minutes allotted for taking a quiz	
Weekly lecture notes	For each lecture's notes, assumption: 50 minutes allotted per issuance of lecture notes	
Links to external websites	For each external website (non-classroom websites) students are directed to visit, assumption: 20 minutes per URL visit	
Midterm exam	For a midterm exam, assumption: 3 hours allotted for taking the exam	
Final exam	For a final exam, assumption: 3 hours allotted for taking the exam	

OUT-OF-CLASS-TIME ACTIVITIES & CALCULATIONS		
Reading course materials	 For each course readings, assumptions: For each reading, estimate the number of words on a sample page and multiply this number by the number of pages, yielding an estimate of total words. To estimate time in minutes, divide the word total by the number of words read per minute—estimated at 200 words read per minute, or 180 words read per minute for electronic materials. This will yield the estimated total minutes to complete the reading. For example: 	
Video and multimedia materials	500 words per page x 16 pages = 8,000 words. 8,000 words ÷ 200 (per minute) = 40 minutes For each video or multimedia piece, accessed via a link to an external URL or embedded in the course, assumptions: • the number of minutes required to view or interact with each piece. (Note: these pieces may also be categorized as seat-time activities, depending on how they're utilized instructionally.)	
Formal writing assignments	For each writing assignment, assumptions: • Writing: 20 words written per minute and 30 minutes for each page of writing • Writing preparation time: 120 minutes for preparation time • Researching: 120 minutes per page of writing	
Miscellaneous assignments Assignments in the class that do not fit with any of the above entries	For each miscellaneous assignment, assumption: 120 minutes per assignment	
Student studying & preparation time	For exams and quizzes, assumptions: • Mid-Term preparation: 10 hours for studying/preparation • Final Exam preparation: 10 hours for studying/preparation • Quiz preparation: 60 minutes of studying/preparation	